



Nueces Canyon CISD

COVID-19 Practice and Competition Mitigation Guidelines

2020-2021

Practice Guidelines

- Athletes and staff will enter and exit facilities with a face covering or shield over the nose and mouth.
- Temperatures of athletes and staff will be taken if practice is at the first of the day, and they will self-screen for symptoms. Athletes are not allowed to enter or participate if they demonstrate any symptoms found on the U.I.L. Mitigation Guidelines. If any student, including athletes, demonstrate COVID-19 symptoms, do not send them to any school events.
- If an athlete demonstrates COVID-Like symptoms while on school grounds, see NCCISD's Back to School Guidance for direction.
- Athletes will maintain the six feet social distancing practices whenever possible. Whenever athletes are not actively exercising, and they cannot maintain the six feet distance, they will wear a face covering, (ex.) weight lifting spotters or team talks.
- Spectators will not be allowed to an indoor practice unless for an emergency. Spectators may attend an outdoor practice if a mask is worn and social distancing practices are followed. If a spectator should have to enter an indoor practice facility, the same protocol is required.
- Hand sanitizing stations will be dispersed around the facilities and will be used frequently.
- Facilities, equipment, and locker rooms will be disinfected daily. Equipment that is issued to athletes can be disinfected at home, but coaches can also assist in that area. Equipment which remains at school will be disinfected on a daily basis.
- Coaches will arrange for athletes to stagger their dressing times to minimize the number of athletes in the locker room. Face coverings will be worn during these times.
- Athletes will provide their own water bottles and disinfect them at home. TO NEGATE THE SPREAD OF GERMS, WATER FOUNTAINS HAVE BEEN DISABLED ON SCHOOL GROUNDS.

Contest Guidelines

- Athletes will enter and exit indoor facilities with a face covering or shield over the nose and mouth.
- Guest and athlete entries will be staggered and social distancing practices will be used. An alternate entrance will be available for guest athletes. Decisions from the District Executive Committee will be practiced.
- Athletes, workers, and officials' temperatures will be taken if the contest is at the first of the day, and they will self-screen for symptoms. None of these individuals will be allowed to be

present or participate if they demonstrate any symptoms found on the U.I.L. Mitigation Guidelines.

- Only 50% of the stadium capacity is allowed, and spectators will be seated six feet apart. Bleachers will be adjusted to promote social distancing. The District Executive Committee may also make additional guidelines in regards to spectator crowds.
- Hand sanitizer will be dispersed at the entrance to facilities and should be used frequently by all patrons.
- Facilities, equipment, and locker rooms will be disinfected for the opposing and home teams prior to the contest.
- Water stations will be provided for both competing teams, but each athlete should have their own, individual water bottle.
- Pre-game meetings between officials and players will be limited with distance allowed between individuals.
- Post-game sportsmanship gestures will now be altered to reduce contact between individuals.
- Spectators and non-essential personnel WILL NOT BE GIVEN ACCESS TO PLAYING AREAS OR LOCKER ROOMS BEFORE, DURING, OR AFTER THE EVENT. In addition, NCCISD facilities will not be open to the public for non-school related activities.
- Non-essential groups like band, cheerleaders, and pep-squads must remain at least ten feet away from spectators and athletes and have their own section.
- Non-participating athletes (on the bench), cheerleaders, and band members not playing a wind instrument should have on face coverings.
- Spectators (to include children 10 years of age or older) are required to wear face coverings as covered in Executive Order GA-29.
- Exceptions to the wearing of face coverings or face shields include: Any person with a medical condition or disability that prevents wearing a face covering; while a person is consuming food or drink; while the person is in a swimming pool, lake, or similar body of water; *when a congregating group of persons maintains at least 6 feet of social distancing*; or any other reason or circumstance indicated under Executive Order GA-29

Transportation Guidelines

- NCCISD Back to School Guidance transportation protocol will be followed for extracurricular athletic events.

Concession Guidelines-

- Staff and workers' temperatures will be taken if this is their first event of the day, and they will self-screen for symptoms.
- Staff and workers are required to wear face coverings.
- Only single use, individually wrapped items can be sold.

- Hand sanitizer will be available.
- Food distribution counters and the facility should be disinfected regularly, as well as proper food-handling protocol be followed.

COVID-19 Compliance Officers:

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- ***These guidelines are subject to change as further directives are received from TEA, UIL, NCCISD, and / or local health agencies.

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