



NCCISD Athletic Injury Policy



It is the athlete's responsibility to report to the coach all injuries and illnesses as soon as possible.

If an illness / injury occurs that is non-life threatening, the athlete shall report immediately to the coach. If the injury is not reported to the coach and a physician is consulted, a note from the physician is required for return to competition. If the athlete needs to see a physician, the parent will make necessary arrangements.

In the event of a serious medical emergency during school sponsored athletics, the coach or administrator on duty will contact EMS.

Emergency Medical Services will be contacted during games or practices in the event of a serious injury.

If a student withdraws himself or herself from practice and / or competition without consulting a doctor, a physician's release may be required. Parents may also withdraw a student from practice and / or competition with a signed note for a reasonable amount of time (to be determined by coach).

A physician's protocol must be communicated to the Athletic Director and Coach in writing.

All coaching staff will follow the physician's protocol for as long as required. A student with a prolonged or recurring injury or illness will be required to meet with the coach and Athletic Director to determine future status in athletics.

NCCISD provides supplemental insurance for all athletes. Forms will be provided by the athletic director as soon as possible after the injury.

Athletes are still required to suit out and participate and compete as much as possible, staying in compliance with their physician's care.

Upon completion of the physician's regimen, a doctor's release is required, or the next level of care instructions are required.

A designated coach will maintain frequent contact with parents regarding any athletic injury.

Local EMS will be provided at all home football contests. Prior to travelling to a competition away from NCCISD, the athletic director will call to make sure that Emergency Medical Services will be provided. If emergency medical services are not available, NCCISD and the opposing school will contact an athletic trainer. If necessary, the Athletic Director will develop an emergency plan noting contact information for the nearest medical professionals and facilities, to include the transportation process.

A parent is not able to release a student while under a physician's care. Release must be provided by a physician.

Under no circumstances shall the Coach allow a student athlete to practice / compete when a no-play decision has been made by a physician.

The number one priority of the NCCISD athletic staff is the health of the athlete. If it is unsafe for the athlete to participate, or it is deemed further play will result in further injury, an athlete will not be allowed to play.

In the instance of a concussion, NCCISD athletes and coaches must follow the University Interscholastic League Concussion Protocol.